

Outdoor Recreation

The outdoor recreation program is dedicated to providing quality adventure programs to Pocatello folks that might not have access to them otherwise. To keep costs minimal participants are expected to "pitch-in" as they participate- these are NOT guided activities. Teaching skills so people can branch out on their own is a top priority. Fitness level is not as important as motivation; try to break out of your shell. Because of the nature of the programs many are limited in group size so the instructors can help everyone. Other programs are limited by vehicle capacity, equipment restrictions or logistics. Sign up in advance to ensure a spot. Questions are expected and welcome. Contact Lance: lclark@pocatello.us or 208-234-6237. He is often on a river or mountain, so be patient and don't wait until the last minute.

- Summer 2019 -

BACKPACKING IN THE TETONS

Ages: Teen and up

Take a long weekend during peak flower bloom to backpack the spine of the Teton Range. We start at Jackson Hole Mountain Resort and take a Tram ride up to save 4100' of climbing. This head start makes the 28-mile trail lose elevation overall and make only one major ascent at hurricane pass. The route is still rigorous but achievable to someone with basic fitness. The fee includes transportation, Parks entrance, sanitation supplies, water filters, food canisters, group navigation and emergency supplies. It does not include food, personal equipment or a tram pass. The pre-trip meeting is a chance to discuss equipment, food, and logistics as well as meet your fellow participants. Participants should expect to carry 30-40 pounds for 10 miles a day. Responsible teens with appropriate expectations are welcome.

Cost: \$120

Dates: August 2-4

Pre-trip Meeting: July 11 6pm
at the Community Recreation Center

ADVANCED BACKPACKING

For anyone with backpacking experience or a high level of fitness or a high tolerance for learning the hard way, we are offering a 5-day extended backpacking trip. This trip will help participants learn the finer points of planning an extended self-supported wilderness trip. The basic plan is to head to the 2.3-million-acre Frank Church Wilderness in central Idaho and hike to alpine lakes and take at least one night to leave the trail completely. A solo night is also an option. Participants will help plan the exact route, plan food and make many of the trip decisions. Fees include transportation, permit fees, sanitation supplies, food containers, basic first aid and a facilitator. Fees do not include personal equipment or food. There are multiple pre-trip meetings so the group can make solid plans and be more involved in the decision making process. Participants need to be able to carry 35-45 pounds for 10 miles a day over rugged terrain.

Cost: \$150

Dates: August 22-26

Pre-trip Meeting: August 1 & 15, 7pm
at the Community Recreation Center