

More summer fun!

Southeast Idaho Senior Games

Are you age 50 and better? The Southeast Idaho Senior Games provides participants with opportunities for competition, fun and camaraderie. Seniors will participate July 6-14, 2018 in over 220 events at 30 different venues. From sports activities of all types to less physically demanding games & competitions – the Games has something to offer every interest and level of fitness. Our motto: "You don't stop playing because you grow old, you grow old because you stop playing." Registration is NOW OPEN for the Senior Games! Registration closes on June 29, 2018. Register before June 22nd to get the early bird special. For more information or to register, visit the Senior Games website at www.seidahoseniorgames.org or contact us at (208) 233-2034 or by e-mail at southeastidahosenior-games@gmail.com

**Play Often,
Live Better!**
Pocatello Parks and Recreation

"Mayor's Division Fun Runs!!"

Come join us for the fourth annual "Mayor's Division Runs", in conjunction with all 2018 Fun Run/Walk Challenge Series events. The Fun Runs will be the usual mix of 2.5k, 5k and 10k runs and walks, with the Mayor's Division using the 2.5k distance. BUT, ANYONE 10 YRS. AND UNDER CAN SHOW UP AND RUN WITH THE MAYOR FOR FREE!! Chaperones are also welcome to participate for free. Free Mayor Run participants do not need to pre-register, just show up and run/walk. Free runners/walkers will not be chip timed or receive a shirt, but they will be fed! Participants who would like results recorded, shirts and draw prizes should register as usual through <http://register.pocatello.us>.

Mayor's "Trail Exploration Thursday Walk"

Come join us for the Mayor's "Trail Exploration Thursday Walk" on Thursday, June 14th, 2018 at 7:00pm at the City Creek Trails System!! This special opportunity to walk and visit with the Mayor is in conjunction with our Spring/Summer, 2018 "Path to Wellness – Trail Exploration" Program (see pg. 6). We hope you'll bring your family, friends & neighbors and join the Mayor in exploring the City's beautiful trail system. There is NO COST to participate and it's going to be a great way to make new friends and a fun-filled time for all!!

Pocatello Municipal Band Concerts at Ross Park

Come enjoy your summer nights at this community favorite as we celebrate the Pocatello Municipal Band's 84th year! Sponsored by the Parks & Recreation Dept., the annual Ross Park Band Concerts are a tradition in Pocatello, and are provided FREE of charge to the community on Sunday evenings from July 1st-July 29th, 2018 from 7:00-8:00pm at the Ross Park Bandshell. Bring your family & friends, a picnic and your lawn chairs or blankets to sit on, and be entertained all summer long!

Ride the PRT Bus to Ross Park this Summer!

It's easy & fun, and only \$.50 each way (exact change please) for students!! Catch a Pocatello Regional Transit (PRT) bus at any marked bus stop, and just tell the driver you'd like to go to Ross Park. There may be a transfer, but the driver will direct you to the correct bus connection.

The D Route bus takes you directly to, and picks you up from the Aquatics Complex, Zoo Idaho & Skate Park Entrance. PLAY OFTEN and LIVE BETTER! at Ross Park where you'll find Zoo Idaho, the Aquatics Complex, and the Skate Park!



*Visit the PRT web site for a complete list of Summer D Route stops:
www.pocatellotransit.com

