

- Outdoor Recreation -

The outdoor recreation program is dedicated to providing quality adventure programs to Pocatello folks that might not have access to them otherwise. To keep costs minimal expect to pitch in- these are NOT guided activities. Teaching skills so people can branch out on their own is a top priority. Fitness level is not as important as motivation; try to break out of your shell. Because of the nature of the programs many are limited in group size to a handful so the instructors can help everyone. Other programs are limited by vehicle capacity, equipment restrictions or logistics. Sign up in advance to ensure a spot. Questions are expected and welcome. Contact Lance: lclark@pocatello.us or 208-234-6237. He is often on a river or mountain, so be patient and don't wait until the last minute.



Climbing

Indoor Kid Rock

(Grades 1-6)

Indoor climbing is much easier for kids to understand. The holds are bigger and kinder to the fingers and the environment is controlled. Kids learn to boulder, climb routes and win prizes during games.

Cost: \$32 **Time:** 4:00-5:30

Session 1: Tuesdays, October 3, 10, 17, 24

Session 2: Thursdays, November 2, 9, 16, 30

Session 3: Thursdays, March 1, 8, 15, 29

Session 4: Thursdays, April 5, 12, 19, 26

Meeting Place: Community Rec. Center 144 Wilson St.

Registration place: Community Rec. Center 144 Wilson St., Max 12 kids

